

SHAPE

2017 Shape Healthy Travel Awards

And here they are: the best wellness hot spots to relax, refuel, get inspired, and reconnect on your next vacation

By Mirel Ketchiff and Rebecca Dancer | Oct 13, 2017

Best Healthy Amenities: Collective Hudson Valley, a Retreat at Liberty Farms; Ghent, New York



The star "rooms" at this property are the incredible tents, tricked out with king-size beds, chandeliers (yes, there's electricity), and private decks. Plus, the tents are on a working organic farm.

(Stays from \$450 a night, collectiveretreats.com)

PHOTO: COLLECTIVE HUDSON VALLEY

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Best Healthy Amenities: Halcyon; Cherry Creek, Colorado



29 OF 45

ALL PHOTOS 

All you need to bring is a carry-on bag—the hotel's Gear Garage has New Belgium cruiser bikes; Osprey backpacks stuffed with a GoPro and binoculars; and Arc'Teryx jackets. Between explorations, grab a free class at the local Pura Vida, a gym and yoga studio.


(Rooms from \$289 a night,
halcyonhotelcherrycreek.com)

PHOTO: HALCYON

Best Healthy Amenities: Sunrise Springs Spa Resort; Santa Fe, New Mexico



30 OF 45

ALL PHOTOS 

At check-in, all guests receive a copy of The Little Book of Mindfulness. There are classes in meditation, food as medicine, yoga, and even puppy playtime.

(Rooms from \$225,
sunrisesprings.ojospa.com)

PHOTO: SUNRISE SPRINGS SPA RESORT

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